

**Term 2**

*Regional Parenting*

All sessions are  
**FREE!**

# Mallee Roadshow

## Kids and Worry | Night session

This workshop will explore the reasons why children worry, and ways parents can support them. It will include ideas as well as practical tools to assist children to manage their worries

**Tuesday, 14th June, 7:00pm - 9:00pm**

**Ouyen Kindergarten, Ouyen**

Register at [ouyen.kin@kindergarten.vic.gov.au](mailto:ouyen.kin@kindergarten.vic.gov.au)



## Kids and Anger | Day session

In this workshop we will explore why children get angry, understand your response to your child's anger and gain strategies in assisting children to appropriately express anger.

**Wednesday, 15th June 1:30pm - 3:30pm**

**Family and Child Hub, Mildura**

Register at [familyhub@schs.com.au](mailto:familyhub@schs.com.au)



## The Importance of Dads | Night session

This workshop explores the unique role of Dad's in their child's development. We will consider the benefits of play and learn how Dad's can maximise their child's social, emotional and academic growth.

**Wednesday, 15th June 6:00pm - 7:30pm**

**Family and Child Hub, Mildura**

Register at [familyhub@schs.com.au](mailto:familyhub@schs.com.au)



## Connecting With Kids | Day session

Emotional intelligence is the ability to identify your emotions, understand them and be in control of the way we express them. This workshop focuses on how to use emotional intelligence to teach children about managing their feelings.

**Thursday, 16th June 1:00pm - 3:00pm**

**Swan Hill North Primary School, Swan Hill**

Register at [ctepper@malleefamilycare.com.au](mailto:ctepper@malleefamilycare.com.au)



**Free Parent  
Consultations**

Single Session parent consultations are also available, Monday - Friday, 9am - 5pm.  
Consultations are offered via phone, Zoom, or face to face (call 03 5438 1300).

Keep informed on what we offer across Regional Victoria at

[www.catholiccarevic.org.au](http://www.catholiccarevic.org.au)

